

English ab initio – Standard level – Paper 1
Anglais ab initio – Niveau moyen – Épreuve 1
Inglés ab initio – Nivel medio – Prueba 1

Monday 4 May 2015 (morning)
Lundi 4 mai 2015 (matin)
Lunes 4 de mayo de 2015 (mañana)

1 h 30 m

Text booklet – Instructions to candidates

- Do not open this booklet until instructed to do so.
- This booklet contains all of the texts required for paper 1.
- Answer the questions in the question and answer booklet provided.

Livret de textes – Instructions destinées aux candidats

- N'ouvrez pas ce livret avant d'y être autorisé(e).
- Ce livret contient tous les textes nécessaires à l'épreuve 1.
- Répondez à toutes les questions dans le livret de questions et réponses fourni.

Cuaderno de textos – Instrucciones para los alumnos

- No abra este cuaderno hasta que se lo autoricen.
- Este cuaderno contiene todos los textos para la prueba 1.
- Conteste todas las preguntas en el cuaderno de preguntas y respuestas.

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Text A

Huge savings with the 16–25 Railcard!

1. If you are between 16 and 25 years old and have a 16–25 Railcard, you will pay one third less on train fares everywhere in Great Britain for a whole year. The card will cost you just £30. For just £70 you can now get, online only, a 16–25 Railcard which will last for three years. You can buy a three-year Railcard up to the day before your 24th birthday.

2. Who can get one?

Like the name suggests, you need to be aged 16 to 25. You can also get a Railcard if you're a mature student aged 26 or older and in full-time study. To do so you need to show that you're studying at a recognized educational establishment for at least 15 hours per week, for at least 20 weeks of the year.

3. How can you get one?

There are several options, but you must always provide proof of your age.

Online at www.16-25railcard.co.uk

This is the most convenient way of buying your card. Just follow the on-screen instructions. You'll need a valid passport or UK driving licence number and a digital photo saved on your computer.

At the local station ticket office

[– X –] the application form in this [– 3 –] and take [– 4 –] to your local station ticket office. They can give you a Railcard [– 5 –] if you bring a passport-sized photo with you.

By phone: 08457 48 49 50

Call National Rail Enquiries and they will give you the nearest train company's telesales phone number.



4. When can you use it?

You can use your Railcard at any time, but there is a minimum fare for all journeys made before 10am (Monday to Friday). However, during July, August, public holidays and, of course, weekends, this minimum fare does not apply.

The card is accepted by train companies everywhere in Great Britain. You must present it when you buy your tickets and then carry it with you when you travel. If you do not, you may be asked to pay the full fare.

5. What discounts can you get?

Your 16–25 Railcard can give you discounts on the following:

- buses
- some rail–sea journeys
- the London underground.

Adapted from www.16-25railcard.co.uk (May 2013)
Used with permission.

Text B

Narendra's blog

Post 1

Wednesday, April 15, 2014

Taking a break

My exams are in 20 days. It's time to study so I have to take a break from my blog for a while. I don't even watch TV anymore. But my exams end on 28 May and then, at last, I'll be FREE!

C'ya soon,
Narendra

Posted by Narendra at 9:50 AM 2 comments

[Email this blog](#) | [Share to Twitter](#) | [Share to Facebook](#)

Post 2

Wednesday, April 1, 2014

What is this blog about?

Yesterday I was thinking about the purpose of this blog. When I started it, I thought that I would post messages about everything I'm passionate about. Then two posts later, I wondered why I was doing this. I needed some sort of aim. Here is what I think.

We, the younger generation, are confused about life, work and the future. Society (the older generation) tells us to study hard, go to college and get an excellent mark in every subject. So we forget our dreams and accept a job that we will most probably hate. Then all we can do for the rest of our lives is say that life is bad and ask why we aren't happy when we have done everything they told us to do.

So this is the aim of the blog. I want to tell you that this is your life. Don't follow orders. Do whatever you want to do. Live your life as you want to. You should be the one who controls it.

Posted by Narendra at 6:02 AM No comments

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Post 3

Tuesday, January 27, 2014

25

A revolution begins

“Please have a seat,” my class teacher said.

I sat down with my dad. It was the day we saw the results of my class examinations.

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She brought my exam papers. I nervously opened them. 23/35 computer science. My dad said, “How did you score so badly?”. He continued to read the results. Maths 54/90. At this point, I felt shocked. Had I worked hard for six months just to get this? My dad got angry.

He quickly read the exam papers. His hands shook. Science 70/90. English 70/80.

I felt sad. Then I thought of my family. Did their love for me depend on my marks?

That day, I realized something. On this blog we can change the way we think. We can choose our own direction and be free to make our own choices.

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Posted by Narendra at 7:42 PM No comments

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Text C

An Interview with our Youth Representative, Laura John



This year's Australian Youth Representative to the United Nations is Laura John. The 24 year old lives in Melbourne where she studies law, as well as having an impressive list of leadership roles in the community. Laura was happy to chat with us about next year, her plans for the future and how she stays motivated.

5 **UN Youth (UNY)*: [– X –]**

Laura John (LJ): I've been lucky to work with several organizations at home and abroad. I started volunteering with the Oaktree Foundation, a youth-run organization committed to ending extreme poverty, when I finished high school.

UNY: [– 18 –]

10 **LJ:** I have wonderful support from my family, friends and colleagues. These people encourage and support me when things seem too difficult. My Sri Lankan heritage is also a reminder of how lucky I am to live and be educated in Australia. I've received many amazing opportunities that my family in Sri Lanka can only imagine. I have to represent all other young people. We all deserve the same opportunities to be the best we can be: our place of birth is not important.

UNY: [– 19 –]

20 **LJ:** I'm passionate about the rights of refugees. Australians are generous people; many have ancestors who came to this country and found a new home which accepted cultural diversity and encouraged tolerance. That's the kind of Australia we should try hard to be – a country where the values of compassion and generosity are important.

UNY: [– 20 –]

LJ: I want to convince young Australians that they have the ability to create change. I hope that young women and migrants in particular can look at me and see that none of us should be limited by our gender or the colour of our skin.

25 **UNY [– 21 –]**

LJ: I have wanted to be a human rights lawyer since I was 12 years old and that remains my goal. Next year, I will start work as a lawyer and I hope to stay involved in human rights law. I will also work to encourage young people to achieve their dreams, even when I am not so young myself!

UN Youth Australia (un youth.org.au). Used with permission.

* UN Youth: a national charity run by young people

Text D

Doctor's advice

- ❶ Preparing for an examination can make you anxious. A little stress can help to motivate you but, on the other hand, too much stress can make you panic. The most important thing to do when faced with stress is first to take care of yourself. You must be in good physical and mental condition to deal with examination pressure.
- ❷ **How can I get rid of stress?**
Learn relaxation techniques: deep breathing, yoga and meditation. Take short breaks during studies. Go for a short walk. Listen to relaxing music. Take a short nap.
- ❸ **What food should I be eating?**
To stay healthy you should definitely not eat food with sugar like cakes, pies and chocolates. Home-cooked food and fresh fruit and vegetables are good for you. You should eat 5–6 smaller meals, drink 6–8 glasses of water and walk or jog for 30 minutes a day.
- ❹ **Does last-minute intensive work produce good results?**
Is your plan of action to sit up all night studying? You will come out of the study session exhausted. Ideally, your examination preparation should begin 4–6 weeks in advance. The main goal is revision, practice and improving your weak areas. First, prepare a timetable for each subject. Revise all the important points. Go through past examination papers.
- ❺ **Does listening to music while studying help you to learn?**
Distractions such as computer games, music and TV can take your attention away from studies. They should only be used during break-time. Group studies and group discussions with classmates are useful, but make sure not to waste time chatting.
- ❻ **What should you do on the big day?**
Get a good night's sleep so that you wake up refreshed. Get ready early and arrive at the examination room early. When the examination papers are distributed, write the easier and shorter questions first. Finally, try and keep 15 minutes at the end for a final review of your answers.

“How to get rid of exam stress” by Mahmood Saberi, 07 November, 2013 © *Gulf News*, Dubai.
